

INTERNAL RULES AND SAFETY REGULATIONS – REDROCK CLIMBING CENTER

Welcome to RedRock Climbing Center. We are pleased to have you visit us. Climbing is a sport that involves inherent risks. The primary objective is to prevent dangers from the outset. The purpose of these internal rules is to minimize risks for climbers, belayers, and all other visitors. Anyone wishing to access the climbing areas agrees to comply with the rules below. Failure to comply may result in a ban from climbing or from the premises. These rules are accepted upon entry into the building and are mandatory for everyone present in the climbing gym.

General rules

- Registration and signature of the safety declaration/membership application are mandatory for every climber and belayer upon entering the climbing gym.
- Instructions given by the RedRock Climbing Center staff must always be followed.
- Smoking and/or the consumption of drugs are prohibited throughout the entire building.
- Alcohol consumption is only permitted after the climbing session.
- It is forbidden to explain safety techniques or teach climbing in general unless you are an employee of RedRock Climbing Center. No advertising or commercial activity may take place in or around the gym without the explicit consent of the shareholders.
- Claims for damages of any kind are excluded, except in cases of intentional misconduct or gross negligence on our part. The facility accepts no liability for the cloakroom in the event of theft.
- No cash refunds will be given for unused event bookings or returned shop items; refunds will be issued in the form of a voucher. A punch card may be transferred to another person; time-based subscriptions are non-transferable. In the event of absence from several weekly courses, a medical certificate of at least one month is required to receive a voucher.
- Climbing equipment can be rented. Locker locks operate with a €1 coin. Loss of a locker key will be charged at €20.
- Emergency exits must be kept clear at all times.

Rules for the use of climbing areas

- Use of the climbing walls is only permitted for persons with a valid entry unit and is at their own risk.
- Access to the climbing walls is reserved for climbers and belayers.
- Climbing without a rope is only permitted in the bouldering area.
- Climbing is reserved for persons who have the following skills: mastery of at least one belay method according to official teaching standards and proper tying-in of the climber using a double figure-eight knot through the designated harness loop(s). A partner check is mandatory.
- Signing the safety declaration/membership application authorizes a person to belay a climber only if the belayer possesses the skills listed above.
- Rope climbers must avoid falling into the auto-belay cable. Mutual consideration is required.
- Behavior of people on the ground: pay attention to climbers on the wall and their potential fall or swing trajectory. Anyone on the gym floor must ensure their own safety by keeping a safe distance outside the potential fall or swing path of rope climbers and boulderers.
- Lead climbing is only permitted for experienced climbers with sufficient safety knowledge.
- The rope must always be clipped into every quickdraw and, where applicable, into both carabiners of the anchor.
- The minimum rope length for lead climbing is 40 meters.
- The end of the rope must always be tied with a knot or secured to the rope bag.
- Holds may only be installed or removed by a team member. Damaged or loose holds must be reported to gym staff.

Safety instructions for the use of an auto-belay

As you usually climb alone when using auto-belay systems and no partner is present to perform a cross-check, you must strictly observe the following points:

- Climbers using auto-belay devices must pay attention to people on the ground during descent and avoid falling into the ropes of other climbers.
- Before every start, perform a brief pull test on the rope. Make sure resistance is noticeable and that the steel cable retracts automatically.
- In case of any malfunction, contact our staff immediately.
- Correctly clip the carabiner into the central belay loop of your harness.
- Never kink or bend the steel cable when clipping in.
- Check that the carabiner is fully closed.
- Never climb outside the designated line.
- If there is slack in the cable, do not continue climbing. Maintain the correct climbing speed.
- During descent, you can simply sit back in your harness and hold the blue section of the rope with one hand.
- Observe the weight limits: minimum 20 kg, maximum 140 kg.

Regulations for children and adolescents

- Parents and guardians are fully responsible for their minor children.
- A legal guardian must sign the safety declaration/membership application for minors.
- Children under the age of 15 are only allowed to climb under the supervision of a responsible adult.

Useful advice

- Protect yourself against unfavorable landings, especially in the bouldering area, as the mats cannot prevent all injuries.
- Even experienced climbers must always be aware of the risks. A single mistake in the safety chain can have serious consequences.
- If you have any doubts despite having safety knowledge, contact our staff or take an introductory course. This is strongly recommended when transitioning from top-rope climbing to lead climbing.
- If gym staff consider your belaying skills to be below the required standards, they have the right to expel you from the climbing area.
- If you notice unsafe behavior by other rope teams, please contact gym staff immediately.
- This rule also applies if another climber attempts to correct you. Only staff members with the necessary qualifications are authorized to provide instruction. Please contact us if you have any questions or uncertainties—we will be happy to help.

Thank you for your understanding and cooperation.

Your RedRock Team